

Research publications on schema therapy

There is new research being published all the time and this is only a sample of what's out there

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Personality disorders: general

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Borderline personality

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Narcissistic personality

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Antisocial personality disorder and forensic applications

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Substance abuse

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Affective disorders (Depression and bipolar)

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Eating disorders

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Experiential techniques

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Group schema therapy

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The evidence base for efficacy and effectiveness of ST

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