

David Edwards

Professional training workshops presented (other than Schema Therapy)

May 1986	1 day	'Fundamentals of Cognitive Therapy. Department of Psychology, University of Natal, Durban
May 1986	1 day	'Fundamentals of Cognitive Therapy: A workshop'. Department of Psychology, University of Natal, Pietermaritzburg.
Oct. 1987	1 day	'Fundamentals of Cognitive Therapy: A workshop'. Department of Psychology, University of Port Elizabeth
May 1988	2 days	'Fundamentals of Cognitive Therapy: A workshop'. Weekend workshop for psychologists and psychiatrists, East London
Sept. 1992	1 day	'Working with clay sculpture'. Annual Conference of the Psychological Association of S. A., University of Stellenbosch
Sept. 1993	1 day	'Case conceptualisation in cognitive therapy'. Annual Conference of the Psychological Association of S. A., Elangeni Hotel, Durban
January 1994	1 day	'Case conceptualisation in cognitive therapy'. Psychology and Societal Transformation Conference. U. of the Western Cape.
Nov. 1999	1 day	Working with clay sculpture. Presented to the South African Institute of Psychotherapy, Cape Town Branch.
October 2001	1 day	<i>Using guided imagery in schema-focussed cognitive therapy.</i> Presented to the South African Institute of Psychotherapy, Cape Town Branch.
Nov. 2003	1 day	<i>Transpersonal psychotherapy.</i> Presented to the South African Institute of Psychotherapy, Port Elizabeth Branch.
March 2010	2 hours	<i>Current approaches to the treatment of posttraumatic stress disorder.</i> Professional Development, Port Elizabeth.
April 2010	2x2 hrs	<i>Working with bereavement and grief.</i> Child Welfare, Grahamstown
Sept. 2010	2 hours	<i>Current approaches to the treatment of posttraumatic stress disorder.</i> Professional Development, Port Elizabeth.
Sept. 2010	2 hours	<i>Imagery rescripting and chair dialogue work for complex trauma: Practical applications of schema therapy.</i> Professional Development, Port Elizabeth.
March 2011	3 hours	<i>Working with hotspots, imagery rescripting and schema modes in the treatment of simple and complex PTSD.</i> Presented at a conference on "Hope after Trauma" at Protea Hotel Stellenbosch. Stefanie Badenhorst Training Unit.